



HEART

Empowering the People of Africa to Survive and *to Thrive Beyond* the HIV/AIDS Pandemic

Greetings!

Before my eyes I see our Kenyan staff established and with the leadership we need to reach our next level at HEART. We have promoted our Finance Manager to Kenya Director of Operations and three women from Program Officers to Program Managers! We are now in the process of hiring a new Executive Director as I transition to a Founder and Mentor role in January 2017. Want to apply?? :)

In May I visited Israel for the first time! I stayed with my dear friends, Ambassador Gil and Dalit Haskel. Gil served as the Israeli Ambassador to Kenya and is now Deputy Director General Ministry of Foreign Affairs & Head of Mashav, Israeli Aid Agency. How I have longed to see Israel! Then to see it through the eyes of my Jewish friends, what an adventure!



Dalit, Vickie and Gil



Vickie and Dr. Ellen Bowman share the vision of HEART at Gil and Dalit's Home

Promotions!!!



CPA Nicholas Kamatu Kenya
Director of Operations



Nicholas with his wife Rose and two daughters

CPA Nicholas joined HEART in February 2016 as Financial Manager and rose to the position of Kenya Director of Operations in May 2016. He is responsible for ensuring organizational efficiency and effectiveness by providing leadership in development and implementation of organizational strategies, policies and practices.

Nicholas has over 15 years experience in donor and corporate financial management and reporting, external and internal auditing, risk management and institutional capacity building. He has previously worked with PSI International (Consultant-Global Internal Audit), SolomonGeorge & CO. CPA, ChildFund International -Kenya and SISDO Microfinance. Nicholas holds a Bachelor of Commerce Degree (Finance), 1st Class Honors; is a member Institute of Certified Public Accountants of Kenya (ICPAK), holds Certified Monitoring & Evaluation Expert (KIM), Certified Public Secretary (CPS) and currently pursuing MBA at Kenyatta University in Strategic Management.



Lydiah Njoroge

Lydiah joined HEART in January 2009 as an intern with Women Equality Empowerment Project (WEEP). After her graduation in June, she began working with Freedom for Girls (FFG) as the Field Officer. She has grown the program tremendously! HEART FFG has now reached 173,000 girls with a year's supply of Sanitary napkins!

The FFG packet includes 4 panties, enabling the use of the use the sanitary napkins. These packets also include a health booklet for the girls.

My friend, Dr. Ellen Bowman, joined me in Israel as she also loves Gil and Dalit. We treasure memories of that trip as we heard from Dalit's father the first hand stories of his journey in Israel during many difficult seasons. We were guided by Gil through the old City of Jerusalem to experience this amazing ancient city.

From Israel, I traveled to the US for our Annual Board Planning Meeting.



Nicholas Kamatu, Jen Friel, Vickie Winkler and Wambui Namu in Auburn, CA

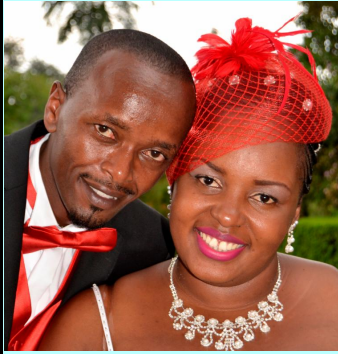
I am so grateful for the US Board, all are talented and dedicated members. Wambui Namu, our Kenya Board of Trustees' Treasurer, also came to be a part of this meeting. She truly impressed our US Board, paying her own way, to come share her personal experiences of our work in Kenya!



Nicholas Kamatu, Vickie and Wambui Namu at the HEART office in Auburn, CA

I am back in Kenya for the months of July and August and then return to California in September for a month. I will travel to Colorado and Texas while in the US and hope to see some of you!

Freedom For Girls
Program Manager



Lydia and George Gathunga were married in May! So May was a great month for Lydia!

In May 2016, Lydia was promoted to the FFG Program Manager. She has a passion for the girl child and is an outstanding trainer on reproductive health and menstrual hygiene management. She has traveled to many parts of Kenya and Uganda conducting these training workshops in schools.

Besides the training, Lydia also oversees procurement, packaging and distribution of the sanitary towel packets.



Mary Mwaura
Orphans and Vulnerable
Children (OVC)
Program Manager

PMP (Project Management Professional) Mary Mwaura, joined HEART in December 2013 as an Orphans and Vulnerable Children (OVC) Field Officer. She rose to the position of OVC Program Officer in 2015. She was then promoted to OVC Program Manager in May 2016.

Mary is responsible for technical leadership in the development and implementation of OVC program strategies, interventions and activities that address the holistic needs of over 500 children and youth in the HEART OVC program.

Her work includes overseeing their education, health, psycho-social needs and areas of child protection. She is also responsible for maintaining the educational database of these children and youth. Mary mentors them in fun loving and youth friendly manner.

She has previously worked with USAID funded projects focused on youth empowerment before joining HEART.



Mary has traveled to many parts of Kenya teaching with passion and wisdom.

Alice Njorge joined HEART in April 2016. She holds a Bachelor of Science degree and is working on her Masters. She is a long awaited



Vickie Winkler
Founder/Executive Director

Connect with HEART

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Alice Njorge
Registered Community
Health Nurse over the
Women Equality
Empowerment Project
(WEEP)
Program Manager



Alice's husband Joseph and
three children

blessing to have a nurse
overseeing the WEEP program.

Alice brings twenty years of professional experience to her role as WEEP Program Manager. She is competent and trained in comprehensive care of HIV infected persons with special emphasis on antiretroviral therapy. She has specialized training in cervical cancer screening. Everyone who meets Alice is impressed with her compassion, knowledge and ability to lead the WEEP women.

Last week Alice traveled with our staff to Taita Hills as HEART hosted a medical clinic for our WEEP ladies. They worked with local Clinical Officers and Nurses to conduct Cervical Cancer screening and medical exams on 40 WEEP participants. Alice took their histories, did exams, prescribed medications and administered treatment along side the clinicians.

The WEEP ladies love and appreciate Nurse Alice!