



# HEART

Empowering the People of Africa to Survive and *to Thrive Beyond* the HIV/AIDS Pandemic

## Join a Team!



We have a few openings for team members this October and November! These are great times to travel to Kenya and the team leaders have created awesome, memory making itineraries. If you are interested in joining a team, please email [Betsy Gunther](mailto:Betsy.Gunther@heartafrica.org) for more information.

We are also beginning to book our 2017 calendar! We will have some wonderful opportunities to serve in Kenya next spring, summer and fall!

## Prayer Requests

I know many of you pray for us daily! Thank you so much! I did come home for the R&R I mentioned in my greeting, but also came praying the Lord will use me to raise much needed funds:

1) \$40,000 for WEEP to enroll 40 new HIV positive mothers (Orphan Prevention)

2) \$10,000 to pay the first installment on a Land Cruiser our Board agreed to purchase at reduced price of \$20,000.

Please kneel with me in prayer and stand with us financially if you can.

## Greetings!

Day by day we celebrate what HEART has been able to achieve by way of making a difference in many lives. I never forget the role played by HEART supporters! While some of you send your support, others give and come to bond with the beneficiaries of your kindness. Doing all the above is important. One thing that makes a difference is the human touch.

Love is a therapy that makes one heal and later on contribute to the well-being of a community and nation. We all need love especially when we are most vulnerable. HEART teams effectively show Love at most critical stages of the women and children we serve.

Whether coming as individuals or on teams, you all have exemplified your love to the women and children who are suffering. Not only have you provided the much needed resources, you have been here to share tears of joy and compassion and form friendships. All these plus the human touch cannot be quantified financially. As Cardinal Mercia once said, "We must not only give what we have, we must also give who we are".

I recognize that it takes great sacrifices: leaving your loved ones, use of your hard earned resources, plus your treasured time to come. You offer valuable therapy to our needy beneficiaries. I salute and send my heart's gratitude to you. What a big blessing you are and very much needed. Together we make a difference! I invite and welcome you to HEART and Kenya. Please feel most welcome!

Thank you for believing in HEART and supporting our cause!



Isaac Mzee  
HEART Programs Co-ordinator

**Greeting from  
Vickie Winkler**

Greetings!

God Bless you!

Vickie

## **DONATE**

**HEART Mission Staff  
Carla Heinecke**



HEART has set up a Sewing Lab to make (pre-treated) Malaria Prevention Nets at the HEART Compound. Carla, pictured above, is serving our WEED graduates lunch that are working in the lab. Carla is a "Volunteer" serving as our "Lodge Hostess" - working with HEART Teams, Guests, Staff and HEART Beneficiaries - doing what she does best... *servicing with unending love!* Carla works alongside the HEART staff to ensure guests of the Lodge have everything they need for a wonderful stay. She also works with teams as a liaison to the lodge staff. We are so grateful to her dedication and the nurturing way she serves in Kenya. Everyone loves "Auntie Carla"!

**HEART Intern  
Stephanie Pollard**



*My missions trip to Kenya was an amazing experience. I was able to*

I am so grateful for all the teams that came this summer and they are still coming through November this year! In the last few months the HEART Lodge has been home to over 300 people!

## *Want to come, join the fun???*

HEART is an acronym for "Health Education Africa Resource Team" and it still working after 16 years! HEART "Teams" give their Time, Talents and Treasures to help us continue the work in Kenya. We are forever grateful to them and their supporters!

I am home once again in the USA for a month. **The Imago Dei Fund** gave HEART a "Soul Care" grant to cover the cost of a trip to Colorado for Debbie and I to be with Jen and Betsy for a time to "Rest and Restore"! Jubilee Fellowship Church provided a Mission home and also arranged a personal time of spiritual ministry to our US staff.

We have an event on Sunday, September 11th at 3:30 p.m. at The Recreation Center at Southridge in Highlands Ranch, Colorado. I would love to see my Colorado HEART family while I am in town for this short visit. Please respond to this email if you did not see the Evite invitation and want to join us!

Thank you for being a part of HEART!



Vickie Winkler Founder/Executive Director

## **Valor Christian High School June 2016**



Valor Christian returned for the sixth time to Kenya. This team of 25 students and teachers distributed food and water in Oldonyonyokie, painted the walls of the Kibera Bowman WEED Center, attended church at Ridgeways Baptist and met with their youth group, as well as built two homes in Kisii.

see how God has been working in my life and using me for His purpose. I enjoyed seeing God work in so many different ways and in so many people's lives. My favorite part about the trip was when I worked with the women in the WEEP program (Women Equality Empowerment Project). We provided healthcare for these women who have been suffering from HIV. Just being around these women who have so little but still show so much happiness and joy was such a blessing to me. I felt like I really made a difference being there and seeing how the work we did helped these women and how thankful they were for everything.  
-Stephanie

HEART welcomes interns every summer to serve for an extended time in Kenya. This year Stephanie Pollard from Colorado came to Kenya to serve working alongside WEEP Program Manager Nurse Alice Njoroge.

If you are interested in serving as an intern please email [betsygunther@africaheart.com](mailto:betsygunther@africaheart.com)

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Connect HEART to your amazon.com account and HEART receives a portion of your purchase! Go to [smile.amazon.com](http://smile.amazon.com) to designate HEART as your benefactor!

**Connect with HEART**



The team blessed the women and children with their energy, compassion and openness to making new friendships in Kenya. We are thankful for this long partnership with Valor Christian School and always look forward to their annual trip!

To see more photos and read about their trip, click [here](#)

## Bayside Team July 2016



Group Photo of the Bayside Team with HEART staff

The Bayside Team traveled all over Kenya earlier this month serving widows and orphans. They built a home in Kisii, visited Kibera Bowman WEEP Center, made home visits in Mathare and of course enjoyed some time on safari. Bayside has a long partnership with the Kisii area and the WEEP ladies always look forward to their return. The Christie Family, Ben McCourt and Andrea Watson you were a blessing!



## **DONATE NOW**

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To see more photos from their trip, click [here](#)

## **Allison and Josh Schultz July 2016**



**Josh and Allison traveled up to Kisii with Isaac to help distribute solar lamps. This now makes a total of 1,014 households that now have light because of HEART's friends! The lamps were donated through a fundraiser in Auburn, California organized by Kelly Fuller and Joanne Valentine.**



**One of their highlights was visiting the WEEP ladies. During the school year, students from Allison's school, Pascack Hills High School in Montvale, New Jersey raised \$100 for the Freedom of Girls Project. Allison and her husband, Josh were able to distribute the sanitary towels to 30 girls at Hope Compassion Primary School. Josh is an attorney and was able to get a match from his company for a \$500 donation for HEART for his volunteer time in Kenya!**

***Does your company also participate in corporate matching?***

[www.africaheart.com](http://www.africaheart.com)