



HEART

Empowering the People of Africa to Survive and *to Thrive Beyond* the HIV/AIDS Pandemic

Dear HEART Friends,

Special Note: Some of you may have received this letter in the mail and already responded. Thank you! With the holiday rush and my arrival this week back from Kenya, I wanted to send it again electronically for those who haven't had a chance to read it...

It is hard to believe that I have been on this journey with HEART for 19 years! I continue to be amazed at what we have been able to accomplish. Grace Kanani is just one of so many success stories. She is the daughter of a WEEP Mother and what great potential and strong desire she has to succeed! Without HEART's intervention in the "Women Equality Empowerment Project" (WEEP) program, her mother, Esther, would have died of AIDS and all her children would have been on the streets without hope for tomorrow.

Grace is not only continuing her education, but beginning to make a professional transition by working part-time at HEART in our Finance Office. Because of HEART's ability to pay for her school fees, Grace has been empowered to move closer to realizing her dream of becoming a CPA! If you come to Kenya with a HEART Team, I'd love for you to meet her personally! Education and empowerment for WEEP kids is critically important because it takes two generations to break the cycle of poverty within a household.

HEART has several ongoing programs, but Women Equality Empowerment Project (WEEP) is our chief focus. It is our **Orphan Prevention** project, "keeping HIV positive mothers alive, well and able to care for their children." Last year we graduated 98 single mothers. They are now able to earn enough income to provide basic needs of their household and grade school education costs (uniforms, books and school supplies). High School, College and University fees are not free and not available to many Kenyans. Many of our graduates' children (352) will continue their education with the financial assistance of HEART.

Our WEEP graduate alumni total is 611. For 2019, we planned to enroll 84 new WEEP mothers but have enrolled 72, due to lack of funds. With 539 mothers on our waiting list, each representing a family, **we need your help to educate and empower these women and their children.**

This verse came alive to me again recently from *Proverbs 19:17* "He who gives to the poor, lends to the Lord, and He will return what was given."

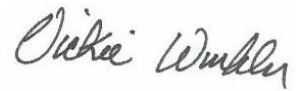
Our immediate need is \$150,000 to complete funding for all HEART programs for 2019. Please see our complete list below of Accomplishments (through October 2019). You can donate through our **website**, or you may prefer to send a check or contact Jo Kern in the California office to make a credit card gift transaction directly.

HEART

P.O. Box 5675
Auburn, CA 95604
(530) 885-9600

Thank you again for supporting HEART. We are all forever grateful.

Sincerely,



Vickie Winkler
Founder/President

PS. If you'd like to read Grace's whole story, please click [here](#)

HEART

With a heart of thanks ...

We celebrate Grace Kanani's success ...



*and all that God is making possible through
the work of HEART.*



HEART ACCOMPLISHMENTS - October 2019

611 HIV positive mothers & households have been served in the **Women Equality Empowerment Project (WEEP)**. This **Orphan Prevention** program provides health care, food & nutrition, shelter, education, protection, psychosocial support & income generation skills.



103,541 malaria prevention bed nets produced by WEEP alumni & distributed by HEART & our partners throughout Kenya reaching **310,623** children.



18 Community Development Organizations have been trained on good governance, leadership & financial management to serve their communities efficiently in 12 regions of Kenya. Focus: sustainability & learning how to manage external grants.



252,235 adolescent girls have benefitted from **Freedom for Girls (FFG)**. This project provides each girl a year's supply of sanitary napkins, under garments, as well as instructional pamphlet.



214 girls in the remote Maasai village of Oldonyonyokie have been supported through primary school education including a dorm for 64 girls' education, rescue & protection.



766 children from the Kids for School & WEEP projects have been supported with **school fees** for an average of **3.2** years each; **3,729** children have been supported with uniforms & scholastic materials; **1,101** children have been mentored & offered psychosocial support.



8,841 children have been supported with OVC service standards: shelter, nutrition, health, protection, or support for psychological & social problems. This includes **2,044** children of WEEP mothers. This is creating an impact that reaches the next three generations.



10 young adult children of WEEP mothers in Manga, Kisii have been empowered through skills development in woodturning, ensuring they have opportunities for income generation.



Guests at the HEART Lodge compliment the HEART ministry. We have over **3,800** guests annually. Lodge profits support HEART programs. The Lodge provides vehicles & drivers, office space, internet, utilities, security, conference facilities, & a beautifully displayed Gift shop that sells WEEP products.



All this has been accomplished through our partners which include:

Segal Family Foundation/ Norris Rugel Foundation/ Imago Dei Fund/ Bayside Church Bowman Family/ Women Leaders in Action/ Prime Bank Kenya/ Barthold Family Foundation/ Rotary Clubs US & Kenya / Multiple Private Donors/ Tile and Carpet/ Soroptimist International/ HEART Teams/ HEART Lodge/ Various Corporations, including P&G/ IBM/ Doshi Group of Companies

Stabilize → Empower → Thrive
