



HEART

Empowering the People of Africa to Survive and *to Thrive Beyond* the HIV/AIDS Pandemic

Straight from the



With Vickie Winkler, Founder and Executive Director of HEART, the Health Education for Africa Resource Team.

Co-hosted by Jerry Kitchel, HEART Partner Relations Specialist.

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Podcast No. 1, "How did it all begin?" Vickie explains the early journey of Health Education for Africa Resource Team and why this ministry was urgently needed!

Straight from the HEART brings you stories and accomplishments about the work of H.E.A.R.T., Health Education for Africa Resource Team.

These stories tell of mothers, children, and communities that have been transformed by this ministry over the past 20 years. For Vickie and her team of HEART staff members, volunteers, and supporters, it is only because of God's unlimited provision of strength, resources, and favor that so much good has been accomplished in the lives of Kenyan people. As Vickie often remarks, "God is our CEO and I am just the executive director!"

Hosted by Vickie Winkler, the founder and Executive Director of Africa HEART Ministries and HEART's Partner Relations Specialist Jerry Kitchel.

Vickie has long embraced the guiding wisdom of Hosea 4:6. 'My people perish for lack of knowledge'. It was this scriptural truth that fueled her desire to launch a focused and strategic program aimed at meeting the physical, spiritual, and emotional needs of HIV positive mothers. "If we can work to restore a mother's health and empower her with strong faith, valuable knowledge, and revenue-producing skills, then we can also work to keep her children in school and on a trajectory that will enable the next generation to flourish as well."

[Click here to enjoy Straight from the HEART](#)

HEART Dinner 2020... Celebrating 20 Years on Saturday, March 14th.

You don't want to miss seeing **Dominicah Kanyi** and **Lydia Njoroge** at **HEART's 20th Anniversary Celebration on Saturday evening, March 14th**. Plan to be with us that night as we share together the blessings of HEART's work in Kenya the past 20 years. Come be a part of looking back on all God has made possible, as well as a look forward to what lies ahead in 2020 and beyond. Click [here](#) for more details about our program venue, online tickets sales, sponsorship packages, and more!



Dominicah Kanyi is the HEART Gift Shop Manager. This will be her first trip to the United States. Dominicah will attend the dinner and meet with some of our U.S. partners to work on a process to purchase Kenyan made items in the U.S. *"I'm humbled and grateful for this opportunity to represent Kenyan staff at the US Dinner. My appreciation, KET and US Board."*



Lydia Njoroge is the Freedom For Girls Program Manager and responsible for Communication and Events in Kenya. This is also Lydia's first trip to the United States. Lydia is a Rotarian and will attend Rotary Club meetings to thank them for their support of HEART over the years. *"I am truly honored to have this opportunity to represent the staff at the dinner. Thank you KET and the US Board."*

Special Love Gift. Can You Help?

To help us celebrate HEART's 20th Anniversary, we are inviting two of HEART's Kenyan staff members to join us for the annual HEART dinner. You can help us get them here by donating flight miles. Deadline for booking is February 14th (Valentine's Day). What a wonderful *Love Gift* this would be!



What you do need to know, however, is that she loves gifts...gifts to help



support the incredible ministry of HEART. And there's one in particular, too, that is especially close to her heart this year...School Fees for WEEP Children.

Do you want to honor Vickie's birthday? Then simply press the DONATE button on the left and designate your gift to 'HEART Education Fund' to help keep our WEEP children flourishing in school. That's Vickie's wish and prayer that these kids will not only finish well, but that they'll experience a brighter future, one which you helped make possible.

A gift of any amount will keep HEART's Founder/Executive Director smiling brightly! Happy Birthday "Mama Vickie"!

CLICK HERE TO DONATE

Who doesn't love to celebrate?

February 6th is a BIG DAY for this special Lady. It's Vickie's birthday and everyone will just have to guess her age (Sorry, no clues)!

How to Get Involved in 2020!



SUMMER 2020 Internship!!!!

What better way to spend your summer than an extended stay in Kenya? HEART interns work alongside HEART staff at the Lodge and within our program areas. Interns live at the Lodge and get to interact with the many people who come on teams or stay at the Lodge as guests.

We also offer opportunities to travel with teams, as available, and serve the WEEP women and children in Nairobi and rural areas. We ask our interns to stay for a minimum of one month so they may complete a summer internship project. Please email [Betsy Gunther](mailto:Betsy.Gunther@heart.org) asap for application materials.

Click on the [link](#) to see a welcome video from our 2020 Intern Coordinator Ashley Randolph.