



HEART

Empowering the People of Africa to Survive and *to Thrive Beyond* the HIV/AIDS Pandemic

Straight from the



With Vickie Winkler, Founder and Executive Director of HEART, the Health Education for Africa Resource Team.
Co-hosted by Jerry Kitchel, HEART Partner Relations Specialist.

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Podcast No. 4: In this episode of **Straight from the HEART**, founder Vickie Winkler talks with Jerry Kitchel about the challenges faced by HEART's Kenyan staff.

This was recorded during California's COVID-19 'lockdown' in late April 2020 via a Skype call. Skype and other social media platforms have taken on significantly higher importance during these times of distancing.

In the midst of physical separation, the ministry of HEART perseveres to meet the needs of vulnerable HIV/AIDS mothers and their children in remote villages of Kenya where HEART is working.

Vickie explains the challenges, blessings, and uncertainties that come with leading a ministry through the COVID crisis and enduring strength that comes from knowing God is still in charge!

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Straight from the HEART brings you stories and accomplishments about the work of H.E.A.R.T., Health Education for Africa Resource Team.

These stories tell of mothers, children, and communities that have been transformed by this ministry over the past 20 years. For Vickie and her team of HEART staff members, volunteers, and supporters, it is only because of God's unlimited provision of strength, resources, and favor that so much good has been accomplished in the lives of Kenyan people. As Vickie often remarks, "God is our CEO and I am just the executive director!"

Hosted by Vickie Winkler, the founder and Executive Director of Africa HEART Ministries and HEART's Partner Relations Specialist Jerry Kitchel.

Vickie has long embraced the guiding wisdom of Hosea 4:6. 'My people perish for lack of knowledge'. It was this scriptural truth that fueled her desire to launch a focused and strategic program aimed at meeting the physical, spiritual, and emotional needs of HIV positive mothers. "If we can work to restore a mother's health and empower her with strong faith, valuable knowledge, and revenue-producing skills, then we can also work to keep her children in school and on a trajectory that will enable the next generation to flourish as well."

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