



# HEART

Empowering the People of Africa to Survive and to Thrive Beyond the HIV/AIDS Pandemic



Dear Friend of HEART,

This is our second request for “Food Security” for Women Equality Empowerment Project (WEEP), so I wanted to give you an update. **Your generosity last month helped us provide 72 Mothers and their 216 Children with a month’s supply of food!**

You also helped us launch more community gardens and the “Chicken Project.” One center already had a Center based poultry project. This current project takes place at homesteads instead of at the Centers. We need “Chicken Projects” in 3 more areas. We will also provide another month of food for 80 households.

**Can you build a two-story house for \$150? YES!**

A two-story coop to house chickens up to 10 chickens each level. Built with enough space to accommodate anticipated reproduction. Our women help build these coops, which include a purchased feeder and drinker. The project includes a month supply of chicken feed and training in areas of poultry care and management.



Food Security has two parts:

- **Emergency:** Food for 1 month, soap and fuel for cooking for between 3- 6 (some 8) children. So food for today is an immediate need.
- **Longer-term Sustainability:** The “Chicken Project” is an investment in the future. Two chickens produce eggs and yield more chicks.

When you give, you not only meet urgent food needs, a life-saving investment today, but also a sustainable gift for tomorrow. **That’s Double impact!**



I called Isaac Mzee, HEART Staff, who told me about a Kenyan mother who was unable to feed her children for two nights in a row. The pangs of hunger made it difficult for them to sleep, so she began preparing to cook to appear as if she had food to give them. She wanted to give them hope, calm their discomfort and help them sleep. This story made news in Kenya. What a startling reminder that hunger is real!

Can you help us make a Big Impact for WEEP Mothers on **Giving Tuesday, May 5, 2020**? We are trusting to reach another **80 WEEP Mothers and their 240 children** with this two-part Food Security Project. Our goal is to raise \$12,000.

In a season of uncertainty, please know we are praying for America. Many people are struggling right now here



at home. If this is not a good time for you to give, please consider standing with us in prayer for our mothers and their children who are in need of food in both countries. I believe the Lord will hear our prayers.

Please consider sharing this newsletter with your friends. You can click the social links below to see current photos of the WEEP families and Kenyan staff. We are grateful none of them have had the virus.

Sincerely,

*Vickie Winkler*

Vickie Winkler

Founder/Executive Director



### **Ways to Donate:**

1. **Donate Online Below**
2. **Call Our Office: 530-885-9600**
3. **Send a Check:**  
**PO BOX 5675 Auburn, CA 95604**

**ASANTE SANA- THANK YOU!**

**DONATE**

[www.africaheart.com](http://www.africaheart.com)

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