



# HEART

Empowering the People of Africa to Survive and *to Thrive Beyond* the HIV/AIDS Pandemic



Discipleship training, Nutrition and Wellness, Feminine Hygiene Management, Education Scholarships and home building are some of the amazing examples of how HEART volunteers support the path to independence!

*Photos taken from previous years.*

*Celebrating  
Independence  
Jerry Kitchel  
Partner Relations*



Every year when we celebrate July 4<sup>th</sup>, I express great thanks to God for the countless blessings we receive daily because we have **freedom and independence**. Freedoms and independence that many do not enjoy worldwide.

When I think of freedom, I think of empowerment. When I think of empowerment, I see the faces of our WEEP mothers and their precious children. And I see smiles and hear laughter where once it was tears and the cries of desperation.

Our WEEP mothers have been



empowered and you know how? Because you have been present. Present with help that came in the form of **donated time, shared knowledge, financial support and physical labor.**



Maybe you haven't thought of it this way before, but you have been a freedom fighter! A champion for mothers who would have died from HIV/AIDS without HEART's assistance. Together, we have worked hard to make sure these ladies and their children know the Lord and make Him Lord of their lives. That's **spiritual freedom** with eternity in mind.



Today, with COVID and prolonged lock-down conditions in Kenya, these WEEP moms need our help more than ever. We have been able to provide **short-term provisions of food to over 300 moms and nearly 1000 children, and longer-term security with the Chicken Project.**



But until the lock-down lifts, our Moms have no way of earning an income by making malaria nets, clothing items and jewelry. Schools remain closed, so all the children—from youngest to oldest—are confined to stay home. The burden of no income and hungry children is our greatest

**Donate**

# Now

need to meet.

With your help, we can continue to provide enough food during this critical time of shortage to tide our moms over. When conditions open up again—and we're praying it will be soon-- we'll be among the first to help these ladies reestablish their businesses and help their children continue in school. But for now, they need to eat and stay healthy. Thank you for sharing your blessings to bless others toward independence!

Sincerely,

Jerry Kitchel

## *Other ways to stay connected to HEART!*

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Africa HEART | Jo Kern P.O. Bo 5675 Auburn, CA 95603 | (530) 885-9600 |  
[Website](#)

