



HEART

Health Education Africa Resource Team

Empowering the People of Africa to Survive and to Thrive Beyond the HIV/AIDS Pandemic

UN International Day of the Youth 2020

The United Nations International Youth Day 2020 is observed on 12 August every year to raise awareness about the youth and draws attention to the issues faced by the youth all across the world. The theme for this year is; ***Youth Engagement for Global Action.***

Since inception youth empowerment through education has been the core of HEART's programming. The Kids For School (KFS) Project is an arm of HEART's Women Equality Empowerment Project (WEEP), aimed at keeping their children in school. This is achieved through school fees payment, provision of school supplies and mentoring. Since inception HEART has impacted over 7,000 children across Kenya with the said services. We have a wealth of alumni, now working professionals who are breaking poverty cycles in their families. So far, we have 3 medical doctors, 1 lawyer, 1 industrial chemist, 2 nurses, 1 actuary, 1 social worker, 1 food scientist, 2 accountants and 14 teachers. We have 254 others being supported in primary, and secondary schools as well as colleges, and universities.

Kenya being a developing country urgently needs a lot of technical experts who will bring new creativity in the market place which will play a vital role in the growth of the economy. In this regard, HEART is encouraging and supporting our beneficiaries to take up technical courses.



On his year's International youth day, we feature Clare Muhonja. Clare was born and brought up in Kibera slums in Nairobi. In 2007, Clare's dad fell ill and passed away, leaving her mother Pauline, HIV positive, rejected and with no source of income to take care of her 5 children.

Clare and her siblings stopped schooling due to lack of fees. Her mother Pauline started falling sick from HIV complications. Pauline was enrolled in the WEEP project where she was helped to recover and empowered with an income-generating skill. HEART paid school fees for Clare and her siblings and enabled them to resume their studies

HEART supported Clare was supported through her secondary and college education. Her passion for the hotel industry lead her to pursue a Diploma in Hospitality Management and a certificate in pastry, at the Kenya Institute of Professionals Studies.

She graduated in 2018 December, and she has been making major milestones in building her career. She has been an intern at HEART Lodge for 3 months and is currently working the renown Jacaranda Chain of Hotels (Nairobi); one of the best in Kenya.

Her goal is to start and run her own restaurants; to create employment for other youth and also break the poverty cycle in her family.

HEART has over 100 students in the waiting list looking for sponsorships to join a technical training college. It cost \$600 annually for 2 – 3 years. Help a Kenya youth today.