



Explore HEART

Health Education Africa Resource Team

www.africaheart.com
www.africaheartlodge.com



MONTHLY NEWS & UPDATES



MARCH 2023



NYAKACH GRAND OPENING

March 3rd was a grand celebration! It marked the opening and dedication of HEART's Women Equality Empowerment Center. This is the very first center HEART actually owns and doesn't have to rent. Sharing in the festivities were government officials, donors, our mothers, staff members and many friends. What a beautiful setting for heartfelt speeches and prayers, delicious food, and a whole lot of dancing!

AMBASSADOR PROGRAM

We are so excited about the Ambassador Program! Sarah Oberneufemman, HEART Ambassador from Missouri who recently traveled to Kenya, was so moved by her experience that she launched a campaign to collect pennies for the Freedom for Girls program. And like a gift from heaven, the pennies started coming in, about \$504.12 to date and climbing. Proceeds will be used to provide adolescent girls with a year's supply of sanitary napkins, undergarments, and instructional resources in feminine hygiene.

To find out more about becoming a HEART Ambassador or starting your own "Pennies from Heaven Campaign", contact Jerry Kitchel at jerrykitchel@africaheart.com or call (909) 755-6188.



MEDICAL ASSESSMENT CAMPS

HEART's medical expert, Dr. Mariana—in partnership with the University of California, Davis, and University of Nairobi—successfully orchestrated 3 medical camps. The assessment of vulnerable mothers and their children included checking vitals, mental health, nutrition, blood sugar, hemoglobin, vision and overall health and wellbeing. Many women showed signs of severe anemia.

Led by Laura Van Auker, this ten-member team from UC Davis truly helped forge a most promising relationship with the University of Nairobi's Nursing School.



To obtain more information about going on a short term mission trip to Kenya, contact Kaimon Powell at kaimonpowell@africaheart.com.

INTERN COORDINATOR

Have you been to Kenya on a HEART team, and are you available to serve in Kenya the month of June? If so, how about volunteering to be an Intern Coordinator? In this exciting position, you will work with up to six interns, helping in various ways that include planning fun evening and weekend activities, providing guidance, answering questions, and more! What a way to experience Kenya. Dream Big & Go!

For more information, contact Kaimon Powell at kaimonpowell@africaheart.com.

YOUTH ON THE FRONTLINE



Long-time missionary friend, Scott Dishong of Project Lucas, has for years brought teams to Kenya who have found HEART Lodge their "Home away from home."

Last month, his team helped HEART paint the Freedom for Girls distribution center in Nairobi. Thank you for this unexpected blessing!

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3 WAYS TO GIVE



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